

Minutes of Guildford Health Walks AGM 4th November 2025

Venue: Worplesdon Place, 12.15 pm

Attendees:

Committee members - Andy Wilson (AW), Nick Trier (NT), Roger Philo (RP), Georgina Churchlow (GC), Graham Pugh (GP), Martyn Parker (MP)

Non-committee members – Tony Ellis, Brigitte Ahier, David Pegg, Robert Gregory, Maureen Stanton, Lorna Cave, Sue Loureiro, Sue Yakes, Keith Chesterton, Geoffrey Irwin

Apologies: Annelize Kidd (AK), Roger Greaves, Stephen Lloyd, Mary Bewell, Karen Garcka, Lee Trenchard, Colin Selvin, Kevin Jenkins (KJ), Michele Roach (MR)

1. Minutes from 2024 AGM

One typo error to be corrected (action for NK to be changed to NT). All actions completed apart from GC and RP access to online bank account.

Minutes accepted unanimously.

2. Treasurer's Report

Refer attached report for detail.

In summary for the year to 30/9/2025: Income was greater than expenditure. Income items were individual donations, another successful fundraising event at St Marthas and the Quiz at Shere village Hall. Main expenditure items were for the website development, Quiz expenses, Health&Safety equipment and Insurance.

Current bank balance stands at £1,712 (increase of £514 from last year).

NT said that there would be a greater headroom for spending in the next financial year assuming similar levels of fundraising. It was suggested for example that we could hire a room for AGM next year and provide refreshments.

Accounts accepted unanimously.

3. Update on Guildford Health Walks

GC provided a 'state of the nation' report.

174 regular walkers attend across the five locations. 33 walk leaders in total although a few of these will only back/middle mark. Three WLs have completed training this year (Kris Fong, Alison Tudor and Colin Selvin).

St Martha's fundraising day is likely to be in May next year, date TBC. There will also be a quiz but date and location to be decided.

GHW has attended various volunteer events this year which are good networking opportunities but it is felt have limited walker/volunteer recruitment impact.

GHW was represented again at Walkfest by all locations, Shalford appeared in the top 10 of walker numbers across the festival!

There has been focus this year on ensuring that walk leaders have all the equipment they need including hi-viz vests, whistles, welcome sheets and ICE cards have been distributed to all walkers. New folders containing all the basic information that walk leaders require (eg walk leader guidance,

risk assessments, incident forms) are ready for distribution. An additional 10 XL hi-viz vests have been printed and are ready for distribution.

There is a shortage of walk leaders at Boxgrove in particular. It was suggested that we should target Boxgrove for volunteer recruitment rather than a more blanket approach. Boxgrove is trialling a different approach to walks using different start points and locations. This makes walk planning and communication more complicated and risks confusion amongst walkers but so far has proved successful.

Saturday walks have been instigated (typically 2 to 3 hours) with three taking place so far at Wisley, Compton and Pirbright. They are planned to be held monthly and the next one is being led by GC at Brookwood cemetery on 22/11.

Walk Leader refresher training has been established. The purpose is to highlight any commonly occurring issues that walk leaders are experiencing or good practice suggestions to be shared across the groups. MP has written up the first of these which will be published on a quarterly basis.

Action MP – To circulate first refresher notes to committee for approval and distribute to all Walk Leaders.

There have been a small number of Incidents/near misses this year. These are down to the inattention of walk leaders or walkers and generally avoidable.

4. Committee members

Two new members were voted onto the Committee:

Shere coordinator: Kevin Jenkins proposed by GC, seconded by GP. Approved unanimously.

Publicity: Michele Roach proposed by AW, seconded by RP. Approved unanimously.

Committee in full:

Chairperson: Georgina Churchlow

Treasurer: Nick Trier

Secretary: Andy Wilson

Boxgrove coordinator: Annelize Kidd

Worplesdon coordinator: Martyn Parker

Shalford coordinator: Andy Wilson

Shere Coordinator: Kevin Jenkins

Whitmoor coordinator: Roger Philo

Other Committee responsibilities:

AK: Data

GC: Incidents

MP: Volunteers, safeguarding

RP: Webmaster

MR: Publicity

5 Website

RP advised that he is considering rewriting the website in Wordpress rather than HTML to make maintenance simpler. Details and financial implications to be discussed at next general committee meeting.

There are a number of amended forms that require approval at next general committee meeting before being uploaded to website.

The issue of people without 'tech' (ie no access to website, email, whatsapp etc) was raised. The solution in place is to make sure all 'non-tech' walkers have 'buddies' to ensure they are included in all communications etc.

6 Fundraising and Funding

Fundraising for the next year will be limited to GHW events ie St Martha's and Quiz plus donations.

7 Publicity

AW confirmed that MR has taken over Publicity role for GHW and is now a member of the committee.

RoundandAbout and VantagePoint magazines both reach about 27K homes in Guildford and surrounding villages on a monthly basis. Also Merrow/Burpham pages and Stoughton/Bellfields pages reach about 3k homes and businesses in each area.

In each of these publications 80-word entries are placed every other two months or so, this includes entries aimed at new walkers but also new volunteers. There has also been a full 2-page article in Round&About and on the front page of Stoughton/Bellfields pages.

A5 leaflet to publicise for volunteers has recently been produced.

AK continues to manage the GHW promotion on Facebook, Instagram and Nextdoor.

8 Socials

End of year lunches organised by walk groups as follows:

Boxgrove (AK) – Monday 8th December

Worplesdon and Whitmoor (Helen Corbett) – Friday 2nd January

Shalford (AW) – Wednesday 10th December

Shere (Kaye Moseley) – Thursday 8th January

9 AOB

No AOB Items.

10 Proposed date of next AGM

Wednesday 4th November 2026, Seahorse pub, Shalford.