Guildford Health Walks | Risk Assessment

Every walk is different, so complete a risk assessment for each group walk to help you plan. Note the steps you are taking to keep walkers safe. Store risk assessments for three years and keep them with the group representative.

Have a great walk!

Walk Group name: Boxgrove	**Risk Assessment date:** Oct 2026
Name of Walk Group: Sheepleas	**Risk Assessment completed by:** Annelize Kidd

Hazards (make a note of any hazards to walkers or others on your route)	**Your notes**	**Who might be harmed?**	**Precautions**
Weather Is there any danger of extreme temperatures, heavy rainfall or other severe weather during the walk?	Check for heavy rainfall; you might have to adjust the route	All walkers	Check the weather forecast before each walk and postpone/cancel if necessary Advise walkers to wear weather-appropriate clothing and shoes/boots; During the recce, make a note of 'escape routes' Other/Detail:
Traffic Do you need to cross or walk along a road? Are there any level crossings?	No	All walkers	Meet beside the car park, not in it. Watch for cars moving in the car park.

Path surface and obstacles Are there hazards such as slippery paths, loose rocks, stiles, fallen trees, steep drops?	Paths may be muddy; watch for exposed tree roots.	All walkers	Check for hazards on the recce and adapt the route if needed; Advise walkers to bring suitable footwear for the conditions; Inform walkers at the start of the walk, and remind them on approach, of any problem areas on the route; Remind walkers that they are to bring their medication and carry first aid supplies to manage any injuries; WLs to keep an eye on and stay close to particularly vulnerable/unsteady walkers; WLs to carry secateurs to clear any overgrown paths; Advise walkers to carry and use walking sticks.
Animals Will you pass livestock? Is there any danger of ticks or bites/stings?	None	All walkers	Advise walkers to check themselves (and any dogs) for ticks and remove them promptly if found; Keep any dogs walking with the group under control and on a short leash; remind dog owners to carry water for dogs in hot weather.
Communications Is there a chance you could get lost, lose touch with walkers, lose visibility or phone signal?	No	All walkers	Recce the route in advance; Walk leaders to carry charged mobile phones, and use whistles to communicate.
Other.	No	All walkers	Advise walkers that they walk at their own risk.
In case of heart attack	Nearest defibrillator	West Horsley Place, KT24 6AN	